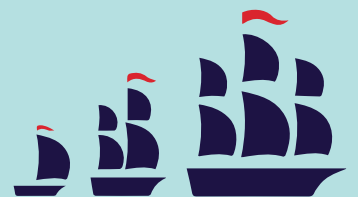




# **The Tall Ships Races 2019 Aalborg**

2. - 6. juli 2019

## **Captains' Manual**



**THE TALL SHIPS RACES  
Aalborg 2019**

organised by Sail Training International

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# Welcome to Aalborg

It is a great honour to see The Tall Ships Races return to Aalborg once again. I remember The Tall Ships Races in Aalborg mostly for the incredible sight it is to see the many ships sail into our harbour. To see the ships, once again, gently roll in on the waves of the Limfjord is going to be wonderful. Not to mention seeing the ships berthed side by side with the Limfjord bridge in the background.

This time it is something very special – a bit more than usual. It is our 20 years anniversary. Aalborg hosted The Tall Ships Races for the first time in 1999. During the years, this amazing event has visited Aalborg five times – this summer included. A fact of which we are very proud.

Four amazing days await us all. Four days where both sides of the Limfjord will be alive and pulsating. The Tall Ships Races spread a unique vibe and atmosphere throughout the city. The streets will be crowded with excited citizens, tourists and crew members, who are all enjoying themselves.

We are very happy and proud to greet you, your ships and your crew. We hope you will enjoy your time in Aalborg and take in the festive events during your days here. There will be a vibrant music scene, a harbour front buzzing with life, and a record-breaking display of fireworks.

We have done our very best to ensure you have a great few days here. From the entire City of Aalborg – welcome and enjoy your stay.

**Mayor of Aalborg**



Thomas Kastrop-Larsen



# Contact Addresses and Telephone Numbers

## Port and Sail Training International Contacts

### Port Committee Office and TSR 19 Secretariat **2**

Location: TSR 19 Headquarters  
Rendsburggade 6, 9000 Aalborg  
Telephone: + 45 99 82 10 46  
Opening hours: 08:00 - 20:00  
E-mail: events@aalborg.dk

### Liaison Office/LO Operation Centre **1**

Location: TSR 19 Headquarters  
Rendsburggade 14, 9000 Aalborg  
Telephone: + 45 99 82 10 41  
Opening hours: 08:30 - 20:00

### Tall Ships Races - Port Control Aalborg **1**

Location: TSR 19 Headquarters  
Rendsburggade 14, 9000 Aalborg  
Telephone: + 45 99 82 10 40 / or channel 13

### Sail Training International Race Office **2**

Location: TSR 19 Headquarters  
Rendsburggade 6, 9000 Aalborg  
Telephone + 45 99 82 10 43

### Sail Training International Mobile Race Office **1**

Location: TSR 19 Headquarters  
Rendsburggade 14, 9000 Aalborg  
Telephone: + 45 99 82 10 45

### Press & Media Centre **1**

Location: TSR 19 Headquarters  
Rendsburggade 14, 9000 Aalborg  
Telephone: + 45 25 20 16 15  
Opening hours:  
02.07: 12:00 - 17:00  
03.07-05.07: 09:00 - 17:00  
06.07: 09:00 - 15:00

## Consular Addresses and Telephone Numbers

### Austria

Austrian Honorary Consulate in Aarhus  
Consul: Steffen Ebdrup  
Hans Broges Gade 2, 8000 Aarhus C - Denmark  
Telephone: + 45 89 34 00 00

### Belgium

Belgian Honorary Consulate in Aarhus  
Consul: Carsten Henriksen  
Vester Alle 4, 8000 Aarhus C - Denmark  
Telephone: + 45 33 34 00 01

### Brazil

Brazilian Embassy in Copenhagen,  
Ambassador: Rafael de Mello Vidal - Charge d'affaires  
Chr. IXs Gade 2, 1st floor, 1111 Copenhagen K - Denmark  
Telephone: + 45 39 20 64 78

### Czech Republic

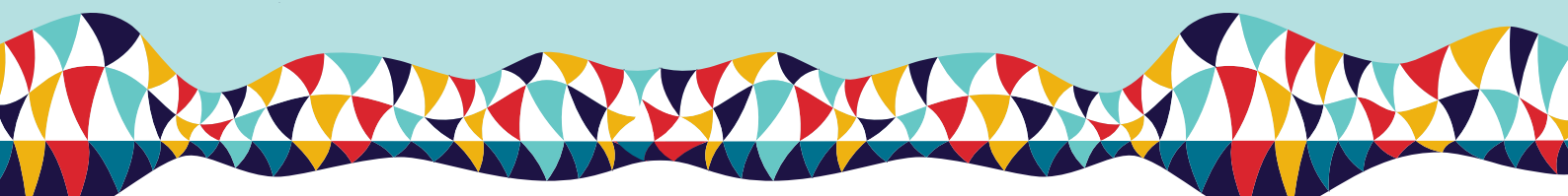
Czech Consulate in Aarhus  
Consul: Niels Brechner  
Sesterhøjvej 35, 8270 Højbjerg - Denmark  
Telephone: + 45 87 45 01 11

### Estonia

Estonian Consulate in Aarhus  
Esthavnsvej 5, 8000 Aarhus C - Denmark  
Telephone: + 45 70 10 05 55

### Finland

Finnish Honorary Consulate in Aarhus  
A/S Schouw & Co.  
Consul: Erling S. Lindahl  
Chr. Filtenborgs Plads 1, 8000 Aarhus C - Denmark  
Telephone: + 45 86 11 22 22





**France**

French Consulate in Aalborg  
Consul: Anker Laden-Andersen  
Østre Havnegade 12, 9000 Aalborg – Denmark  
Telephone: + 45 70 15 10 00

**Germany**

German Honorary Consulate in Aalborg, c/o Desmi A/S  
Consul: Henrik Sørensen  
Tagholm 1, 9400 Nørresundby – Denmark  
Telephone: + 45 96 32 82 12

**Indonesia**

Indonesian Embassy in Copenhagen,  
Ambassador: Dr. H. Bomer Pasaribu  
Ørehøj Alle 1, 2900 Hellerup - Denmark  
Telephone: + 45 39 62 44 22

**Latvia**

Latvian Consulate in Aalborg,  
Consul: Karen Marie Melson  
Elisevej 18, 9000 Aalborg - Denmark  
Telephone: + 45 98 12 23 00

**Lithuania**

Lithuanian Consulate General in Aalborg  
Consul: Eva Caspersen  
Duebrodevej 6, 9000 Aalborg - Denmark  
Telephone: + 45 98 13 42 65

**Mexico**

Mexican Consulate in Aarhus,  
Consul: Klaus Erik Krogh  
Hjortevenget, 8270 Hejbjerg - Denmark  
Telephone: + 45 87 40 80 00

**Netherland**

Netherlands Honorary Consulate in Aalborg,  
Consul: Henrik Calum  
Vestre Havnepromenade 21, 9000 Aalborg – Denmark  
Telephone: + 45 98 12 67 00

**Norway**

Norwegian Honorary Consulate in Aalborg,  
Consul: Chistopher Harry Riekehr  
Prinsensgade 11, 9000 Aalborg – Denmark  
Telephone: + 45 51 61 10 00

**Oman**

Omani Consulate in Aarhus  
Consul: Ole Munch Nielsen  
Strandvænget 5 B, 8240 Risskov Denmark  
Telephone: + 45 86 14 50 72 / + 45 86 17 05 17

**Poland**

Polish Honorary Consulate in Aarhus,  
Consul: Jesper Orskov Nielsen  
Mariane Thomsens Gade 1C, 8.  
8000 Aarhus C – Denmark  
Telephone: + 45 87 34 34 34 / + 45 28 19 58 38

**Russia**

Russian Embassy in Copenhagen  
Ambassador: Mikhail Valentinovich Vanin  
Kristianiagade 5, 2100 Copenhagen - Denmark  
Telephone: + 45 35 42 55 85

**Slovenian**

Slovenian Consulate in Aarhus,  
Consul: Knud Kristensen  
Stenvadet 6, 8240 Risskov - Denmark  
Telephone: + 45 86 20 42 00

**Spain**

Spanish Vice Consulate in Aarhus  
Consul: Jaume Ferrer Servera Vice  
Østre Skovvej 1, 8240 Risskov – Denmark  
Telephone: + 45 31 10 92 44

**Sweden**

Swedish Honorary Consulate in Aalborg  
Consul: Annette Koch Byrdal  
Kristinevej 2, 9000 Aalborg – Denmark  
Telephone: + 45 96 45 44 35

**Additional consular addresses and telephone numbers  
can be found on [www.konsuler.dk/en/](http://www.konsuler.dk/en/)**



# Arrival Arrangements

## Charts

### Danish Charts:

|                          |                 |
|--------------------------|-----------------|
| Kattegat                 | - no. 100       |
| Kattegat Nord            | - no. 101       |
| Hals - Aalborg           | - no. 106       |
| Aalborg Havn, Limfjorden | - no. 107       |
| Aalborg Bugt             | - no. 122       |
| Aalborg - Løgstør        | - no. 105       |
| Thyborøn - Løgstør       | - no. 108 & 109 |

### British Admiralty Charts:

|                              |              |
|------------------------------|--------------|
| Kattegat Northern Part       | -no. BA 2107 |
| Hals to Aalborg              | -no. BA 429  |
| Limfjorden Aalborg           | -no. BA 430  |
| Aalborg Bugt                 | -no. BA 894  |
| Logstor to Aalborg           | -no. BA 428  |
| Limfjorden, Thyborøn to Mors | -no. BA 426  |
| Limfjorden, Mors to Logstor  | -no. BA 427  |

### Admiralty Sailing directions:

NP18 Baltic Pilot, Vol. 1 18th Edition 2018  
(Paragraph 5.78 to 5.135 (page 170 to 178))

Charts and publications can be obtained from:

Iver C. Weilbach & Co.

Toldbodgade 35

Copenhagen K

Phone: (+45) 33 34 35 60

CVR No 54953828

E-mail: sales@weilbach.com

<http://www.weilbach.dk>

For instruction on passage of "Nordjyllandsværket", please see page 7 "Procedures" and Appendix "Chart - Passage of Nordjyllandsværket".

## Tides

Under normal weather conditions, the tidal range is between plus/minus 0.5 meters according to the main sea level.

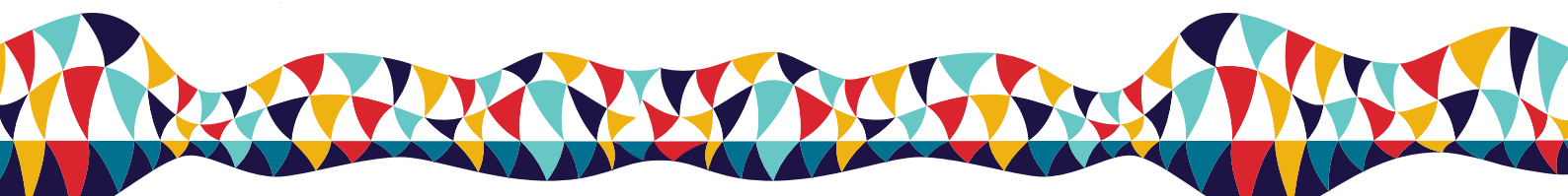
The distance Hals - Aalborg is approximately 16 nautical miles.

## Frequencies

|                          |   |
|--------------------------|---|
| "Port Control Aalborg"   | VHF channel 13<br>(in the Limfjord and port area) |
| Emergency/Distress calls | VHF channel 16                                    |
| Limford Pilot            | VHF channel 16                                    |

## Call Signs

The call is "Port Control Aalborg"



## Procedures

When approaching the Limfjord please switch to VHF channel 13 and maintain listening position on this channel.

All ships must call "Port Control Aalborg" on channel 13 one hour before entering Aalborg central harbour. Port Control Aalborg, telephone: + 45 99 82 10 40

"Port Control Aalborg" will provide you with current information regarding:

- Traffic situation into Aalborg
- Expected weather and current stream
- Your next reporting point
- Availability of tug
- Berthing place in Aalborg

### Passage under power-lines/Nordjyllandsværket:

When passing "Nordjyllandsværket" in the Limfjord, ships with an air draught exceeding 49 metres must take the alternative route for air draught up to 63 metres. See Appendix "Chart - Passage of Nordjyllandsværket".

Please call "Limfjord Pilot" on VHF channel 16 and "Port Control Aalborg" on channel 13 or telephone: + 45 99 82 10 40 four hours before entering the alternative route.

### Passage – The Limfjord Bridge

Any passage through the Limfjord Bridge is coordinated by the bridge control. The bridge control can be contacted on VHF channel 16 and 12.

## Pilots

### Eastern approach from Hals Barre to Aalborg

Pilot is compulsory for ships with a draught of 6 meters and above.

### Western approach between Logstor and Aalborg

Pilot is compulsory for ships with a draught of above 3,1 meters.

### Passing the Oddesund Bridge

Pilot is compulsory for ships with LOA of 35 meters and above.

### Passing the Railway Bridge in Aalborg

Pilot is compulsory for ships with LOA of 53 meters and above.

Pilots will be available free of charge for all ships obligated to comply with local pilot regulations.

### Local contact details for Limfjord Pilot:

E-mail: 24h@limfjordpilot.dk

Telephone. +45 9152 8888

VHF: Ch 12/16

To order a pilot – Limfjord Pilot instructions must be followed:

<http://limfjordpilot.com/booking.html>

Ships requesting a pilot should call "Limfjord Pilot" on VHF channel 16 four hours before arrival at the Pilot Station (See the pilot stations Hals no 1,2 and 3 in the chart no 100, 101 and 122).

## Tugs

Tug assistance will, if necessary, be provided for ships with an air draught of more than 49 meters through the alternative route, special marked channel to clear "Nordjyllandsværkets" power lines.

In Aalborg central harbour tug assistance will be available from Tuesday July 2nd free of charge.

Requests for tug assistance in the Aalborg central harbour should be made to "Port Control Aalborg" on VHF channel 13 or on telephone + 45 99 82 1040 as early as possible, but at the latest one hour before entering the Aalborg central harbour.



## SafeSeaNet and Immigration

Under EU regulation 2017/458 all ships must be registered with and use SafeSeaNet portal when entering Denmark; [nsw.safeseanet.dk](http://nsw.safeseanet.dk)

### SafeSeaNet

If you already have a Danish SafeSeaNet account, log on with your existing username and password.

If you have forgotten your password, please use the "reset password link" at [nsw.safeseanet.dk](http://nsw.safeseanet.dk), and you will receive an e-mail with a link, to the e-mail address connected to your SafeSeaNet account.

If you cannot remember neither username nor password, please contact [safeseanet@safeseanet.dk](mailto:safeseanet@safeseanet.dk) no later than June 24th, 2019.

You do not have to do the reporting yourself, you can hire a local ship agent to do the work for you.

The request form, documents to be downloaded to SafeSeaNet and a guide to the use of SafeSeaNet - specifically for The Tall Ships Races 2019 - can be downloaded on the following [www.tsraalborg.dk/en/captains-page/the-use-of-safeseanet/](http://www.tsraalborg.dk/en/captains-page/the-use-of-safeseanet/)

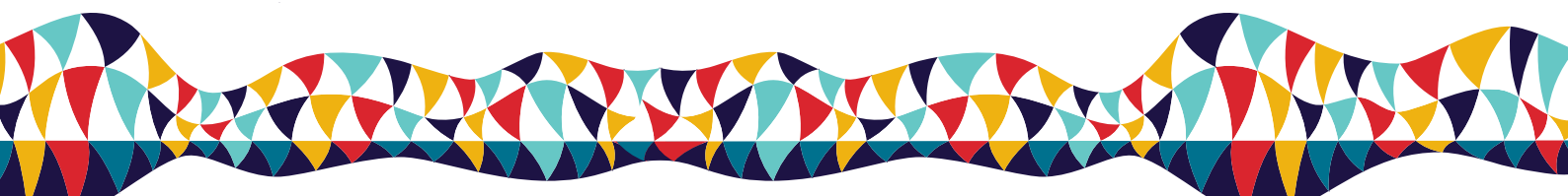
**To gain access to the Danish SafeSeaNet, please see below instruction:**

1. If you do not have an existing SafeSeaNet account, send the request form "Claim form to the Danish SafeSeaNet" to [Safeseanet@safeseanet.dk](mailto:Safeseanet@safeseanet.dk) no later than June 24th, 2019.
2. A password and username will be sent to you by e-mail.
3. Log on to SafeSeaNet and upload the required data – The Tall Ships Races 2019 excel spreadsheet - prior to departure from your last port or as soon as possible. Latest reporting is 24 hours before arrival.

Excel spreadsheets to be filed:

- Crew list
  - Pax list
  - Ship stores (customs)
  - Waste and residues
4. Latest 1 hour after arriving in the port of Aalborg, log on to SafeSeaNet again, and insert actual time of arrival (ATA). The report will then change status to completed.
  5. Latest 24 hour before departure, log on to SafeSeaNet and create a departure report.
  6. Latest 1 hour after departure from port of Aalborg, log on to SafeSeaNet again, and insert actual time of departure (ATD). Report will then change status to completed.

If you have any questions to the above, please contact [safeseanet@safeseanet.dk](mailto:safeseanet@safeseanet.dk)



## Immigration

### State and Navy Vessels

State and navy vessels are not required to use SafeSeaNet. However, all state and navy vessel are required to notify North Jutland Police of those who are embarking or disembarking in Aalborg via Email: [njyl-graensekontrol@politi.dk](mailto:njyl-graensekontrol@politi.dk)

You can download the transferlist on [www.tsraalborg.dk/en/captains-page/embarkation-and-disembarkation/](http://www.tsraalborg.dk/en/captains-page/embarkation-and-disembarkation/)

State and navy vessels are required, no later than 4 weeks prior to the event, to have applied for Diplomatic clearance through their own respective embassies on Danish soil.

### Passport control and visa:

The Danish National Centre for Foreigners (Nationalt Udlændinge Center/NUC) has decided that all participating ships in the Tall Ships Races are to be processed in accordance with regulations for cruise ships. This means that the following must be observed:

Passport control for all individuals when embarking and disembarking, except for passengers commencing their "cruise" in a Danish port, where the destination is a Schengen port, outgoing inspections are not performed.

All crew members must hold a valid passport and visa when necessary. Citizens from non-EU countries and/or those who require a visa must apply for it prior to arrival. The requirements for a visa will depend on the nationality of the individual. Failure to be in possession of a valid visa may render the individual in question liable to depart from Denmark at the ship's expense.

### About embarkation and disembarkation:

All ships are required to send lists of individuals embarking or disembarking in Aalborg to the local police (North Jutland Police) by e-mail: [njyl-graensekontrol@politi.dk](mailto:njyl-graensekontrol@politi.dk) no later than 24 hours before arrival.

You can download the transferlist on [www.tsraalborg.dk/en/captains-page/embarkation-and-disembarkation/](http://www.tsraalborg.dk/en/captains-page/embarkation-and-disembarkation/)

For individuals disembarking in Aalborg, passport control will be performed upon arrival in Aalborg.

### Contact with the local police:

If you have any questions concerning embarkation and disembarkation, the police can be contacted directly by telephone: +45 30 51 68 59 from July 1st until the end of the Tall Ships Races event in Aalborg.

## Security

### Contact details for port of Aalborg (ISPS)

Port office (traffic and operation)  
24 hour watch, VHF channel 16.  
Direct telephone: +45 99 30 15 20  
e-mail: [trafik@aalborghavn.dk](mailto:trafik@aalborghavn.dk)  
Harbour Master - direct telephone: +45 99 33 15 21  
Information page [www.aalborghavn.dk](http://www.aalborghavn.dk)  
The port has 7 approved facilities.  
Port ID UN locator code: DKAAL  
Port ID number: 10328

### Port Security Officer (PSO)

Harbour Master: Claus Rosenbeck  
Telephone: +45 99 30 15 20 – 24 hrs.  
Mobile: +45 29 20 72 21  
Deputy Port Security Officer: Kenneth Mortensen  
Telephone: + 45 99 30 15 20 – 24 hrs.  
Mobile: + 45 29 20 72 36

Ships, masters or SSO's that have specific requirements in connection with "ship security" should in due time, and no later than before departure from the last port before Aalborg, make the necessary arrangements for the issuing of "document of Security" in collaboration with the Port of Aalborg.

Please note that the Port of Aalborg takes reservation for the types of security arrangements that can be established.



# Berthing

## Special Berthing Instructions

Aalborg Harbour is open 24 hours. Berthing will be possible from Sunday June 30th, 2019. Please announce your time of arrival at the earliest possible time.

The berthing plan is enclosed – see Appendix. Possible changes will be informed to the ships in question in due time.

All ships are requested to berth with the bow facing west.

### Fenders and Gangways

All vessels are expected to provide their own fenders and means of access to the shore.

The quays either have wooden fenders or concrete walls wherefore it is necessary to moor with own fenders.

Most of the class C and D ships have to moor alongside other ships and it is important that the ships have their own fenders to use between the ships.

### Line handlers

If you announce your time of arrival at least one hour before entering the Aalborg central harbour, line handlers will be present at the quay.

### Ships' Safety

When in harbour, ships are advised to make sure that a lightning rod is installed.

Ships with a large mast height must mark the masts with a topleight (class A-ships).

Ships are required have outboard towlines in case of fire (for larger ships wires are compulsory).

## Formalities

### Dress ship

The ships are invited to "Dress Overall" during the stay in Aalborg, weather permitting.

### Colours

The colours should be hoisted and hauled according to the following:

|                    |       |                 |
|--------------------|-------|-----------------|
| Monday July 1st    | 08:00 | 22:11           |
| Tuesday July 2nd   | 08:00 | 22:10           |
| Wednesday July 3rd | 08:00 | 22:10           |
| Thursday July 4th  | 08:00 | 22:09           |
| Friday July 5th    | 08:00 | 22:08           |
| Saturday July 6th  | 08:00 | until departure |



# Town Plan

## In Port Facilities

Numbers indicated throughout Captains' Manual refer to Appendix In Port Facility Map.

## Town Information

### Post Office

Post Nord (Danish Postal Service) is located inside the following supermarkets:

#### Føtex 3

Slotsgade 8, DK-9000 Aalborg

Opening hours:

Monday - Sunday: 08:00 - 21:00

#### Kvickly

Dannebrogsgade 64, DK-9000 Aalborg

Opening hours:

Monday - Friday 08:00 - 20:00

Saturday - Sunday: 08:00 - 18:00

#### Meny 3

Østre Havnegade 15, DK-9000 Aalborg

Opening hours:

Monday - Sunday: 08:00 - 20:00

#### Superbrugsen 3

Havnegade 10, 9400 Nørresundby

Opening hours:

Monday - Sunday: 08:00 - 21:00

#### Føtex 3

Vestergade 30, DK-9000 Nørresundby

Opening hours:

Monday - Sunday: 08:00 - 21:00

### Banks, exchange and ATMS

The currency in Denmark is called "Danish Kroner" (DKK). Euro 10 converts to approximately 75 Danish Kroner, British Pounds 10 converts to approximately 85 Danish Kroner, and US Dollars 10 converts to approximately 63 Danish Kroner.

Spar Nord Bank – main sponsor of The Tall Ships Races in Aalborg 2019 welcomes you to their branch offices near the berthing area:

#### Spar Nord Bank - Aalborg City – ATM: 4

Østeraagade 12, DK-9000 Aalborg

Telephone: + 45 96 30 26 20

#### Spar Nord Bank - Nørresundby – ATM: 4

Torvet 6, DK- 9400 Nørresundby

Telephone: + 45 96 32 06 20

Several other banks and cash points are located in the town centre in walking distance of the berthing area:

#### Danske Bank

Algade 53, DK-9000 Aalborg

Telephone: + 45 45 12 11 00

#### Arbejdernes Landsbank

Vingårdsgade 9, DK-9000 Aalborg

Telephone: + 45 38 48 30 80





**Jyske Bank**

Nytorv 1, DK-9000 Aalborg  
Telephone: + 45 89 89 46 00

**Jutlander Bank**

Østerågade 15, DK-9000 Aalborg  
Telephone: + 45 96 57 53 20

**Nordea Bank**

Prinsensgade 15, DK-9000 Aalborg  
Telephone: + 45 70 33 33 33

**Sydbank**

Vingårdsgade 21, DK-9000 Aalborg  
Telephone: + 45 74 37 72 40

**Sparekassen Himmerland**

Østerågade 15, DK-9000 Aalborg  
Telephone: +45 99 77 08 88

**Alm. Brand Bank**

Ved Stranden 1, DK-9000 Aalborg  
Telephone: + 45 96 30 12 70

**Sparekassen Vendsyssel**

Algade 42, DK-9000 Aalborg  
Telephone: + 45 82 22 90 10

**Lån og Spar**

Algade 58, DK- 9000 Aalborg  
Telephone: +45 99 36 44 00

**FOREX Bank**

Ved Stranden 22, DK-9000 Aalborg  
Telephone: + 45 98 18 97 00

**Nordjyske Bank**

Torvet 4, DK-9400 Nørresundby  
Telephone: + 45 98 70 50 00

**Arbejdernes Landsbank**

Brotorvet 4, DK-9400 Nørresundby  
Telephone: +45 38 48 30 92

**Tourist Information****Visit Aalborg 5**

Kellerups Torv 5, DK-9000 Aalborg  
Telephone: +45 99 31 75 00  
Website: [www.visitaalborg.dk](http://www.visitaalborg.dk)  
Opening hours:  
Monday - Friday: 10:00 - 17:30  
Saturday: 10:00 - 14:00

**Churches****Lutheran: 6**

Budolfi Kirke, Aalborg Domkirke  
Algade 40, 9000 Aalborg  
[www.aalborgdomkirke.dk](http://www.aalborgdomkirke.dk)

**Catholic: 7**

Sct. Mariæ Kirke  
Kastetvej 1, 9000 Aalborg  
For mass in English or other languages visit  
[www.katolske-nord.dk](http://www.katolske-nord.dk)



# Captains' Programme

## Captains' Dinner ⑧

Captains' Dinner will be held at Nordkraft, DGI-Huset, Wednesday July 3rd at 18:30.

Invitations will be distributed by the LO upon arrival.

Each captain can bring one companion.

Nordkraft, DGI-Huset is located in very close proximity of the event area for which reason guests will be able to walk to the event.

## Captains' Briefing ①

Captains' Briefing takes place on Friday July 5th in TSR 19 Headquarters, Auditorium, Rendsburggade 14 from 16:00 - 17:00.

TSR 19 Headquarters is located centrally in the event area for which reason the captains will be able to reach it by foot.

A weather forecast report for Kattegat and Skagerak with expectations for 72 hours will be delivered at the meeting.

## Captains' Lounge ①

Captains are welcome to use the area with WIFI specifically reserved for captains at TSR 19 Headquarters, Rendsburggade 14. Follow the signs when you enter the building.

Opening hours: 10:00 - 18:00





# Crew Programme

## Crews' Party 8

Crews are invited to a spectacular party held at Nordkraft on Thursday July 4th from 19:30 - 23:00.

All crew members will be able to enjoy a night of fun with delicious food, dancing, and music for every taste as different concert halls will present different types of music.

Admission is strictly restricted to crew members wearing the race crew wristband. Crews will in addition be receiving a wristband with three snips that can be exchanged to drinks.

Drinks will be issued to crew members according to the colour of their wristband. Crew under 18 (white wristband) can exchange the snips to soft drinks, and crew over 18 (green wristband) can exchange the snips to beer, wine and soft drinks.

Alcohol will not be served for crew under the age of 18, and it is not allowed to bring your own alcohol.

Captains are expected to send at least one officer from their ship to the crew party to supervise crew and trainees.

## Crew Parade

Crew Parade takes place on Thursday July 4th starting from Nørresundby and Aalborg.

The parade will go through the town accompanied by different bands and end up at Havnescenen (main stage), Slotspladsen.

Crews are expected to attend and are encouraged to entertain, sing and dance their way through the city.

Meeting time at the starting points is 15:40

Departure from Nørresundby "Under the bridge": 16:00

Departure from Aalborg "Pakhuset": 16:00

The liaison officer will accompany the crew on the route and informed of the line up positions. See Appendix "Crew Parade Line up"



## Crew Parade Route





## Prize Giving Ceremony 9

The Prize Giving Ceremony will take place immediately after the Crew Parade when the parade arrives at its end destination – Havnescenen (main stage), Slotspladsen at approximately 17:00.

Mayor Thomas Kastrup-Larsen and a STI representative will present the prizes to the crews.

The City of Aalborg will be handing out the following prizes:

- Best dressed crew in crew parade Class A
- Best dressed crew in crew parade Class B, C, D
- Oldest ship
- Ship furthest away from home port
- Environmental award
- Most spectacular arrival
- Best dressed ship in port
- Most musical crew
- Friendliest open ship experience for the public

## Crew Activities

Crews will receive a crew manual with practical information regarding services, activities and a general map of the event area upon arrival.

For a description of specific crew activities, information about registration and practical information, please see Appendix “Crew Activities”.



# City Cultural Programme

## Public visit to the ships (open ship)

The Tall Ships Races is the most popular event in the entire region of North Denmark, and many visitors have come a long way to see and visit the ships.

When you have no other activities on board, we encourage you to invite the public on board and give them an unforgettable experience.

In the cultural programme, we will inform the public that ships will be open to visits when it is announced by means of the ships' signs or beach flags on the quay.

We kindly ask for your co-operation.

## Parade of Sail

At the Captains' Briefing on Friday July 5th departure plans and information regarding radio service and detailed procedures will be distributed.

Parade of Sail is planned to start at 13:00.

### Standard procedures:

- Radio communication on VHF Channel 13 (listen and do not talk)
- Distance from berth to Point of Parade is approximately 6 nautical miles
- Parade speed is 6 knots. It can be increased if necessary
- Set the sails as soon as possible
- The Parade of Sail will pass south of the ship "Brita Leth" and the schooner "Maja" at the saluting point.
- After passage of the Point of Parade sailing will be at the starboard side of the fairway to make space for other passing ships.
- Listen on VHF Channel 13 for any changes to the parade regarding speed, distance between ships, weather forecast and other important information.

See the route in Appendix

"Route - Parade of Sail and Saluting Point".





## Music and Activities Programme

### Tuesday July 2nd

- 15:00 - 23:00 Event area is open  
**15:00 - 19:00 Open ship**  
 17:00 - 23:00 Concerts on Havnescenen (main stage)

### Wednesday July 3rd

- 11:00 - 23:00 Event area is open  
 11:00 - 19:00 Children's activity area with pirate theme  
**11:00 - 19:00 Open Ship**  
 11:00 - 17:00 Children's entertainment on Aalborg Lufthavn Stage  
**12:00 All ships in port**  
 13:00 - 22:00 Concerts on Konica Minolta Stage  
 13:00 - 23:00 Concerts on Havnescenen (main stage)  
 16:00 - 22.30 Concerts on Siemens Gamesa Stage  
 16:00 - 23:00 Concerts on DC Supply Stage  
**17:00 - 17:30 Official opening on Slotspladsen by Havnescenen (Main Stage)**  
 18:00 - 23:00 Concerts on Aalborg Lufthavn Stage  
**18:30 - 23:00 Captains' Dinner at DGI Huset, Nordkraft**

### Thursday July 4th

- 11:00 - 23:00 Event area is open  
 11:00 - 19:00 Children's activity area with pirate theme  
**11:00 - 19:00 Open Ship**  
 11:00 - 17:00 Children's entertainment on Aalborg Lufthavn Stage  
 13:00 - 22:00 Concerts on Konica Minolta Stage  
 13:00 - 23:00 Concerts on Havnescenen (main stage)  
 16:00 - 22.30 Concerts on Siemens Gamesa Stage  
 16:00 - 23:00 Concerts on DC Supply Stage  
**16:00 - 17:00 Crew Parade**  
**17:00 - 18:00 Prize Giving Ceremony on Havnescenen (main stage)**  
 18:00 - 23:00 Concerts on Aalborg Lufthavn Stage  
**19:30 - 23:00 Crew Party at Nordkraft**

### Friday July 5th

- 11:00 - 24:00 Event area is open  
 11:00 - 19:00 Children's activity area with pirate theme  
**11:00 - 19:00 Open Ship**  
 11:00 - 17:00 Children's entertainment on Aalborg Lufthavn Stage  
 13:00 - 22:00 Concerts on Konica Minolta Stage  
 13:00 - 24:00 Concerts on Havnescenen (main stage)  
 14:00 - 23:00 Concerts on DC Supply Stage  
 16:00 - 22.30 Concerts on Siemens Gamesa Stage  
**16:00 - 17:00 Captains' Briefing**  
 18:00 - 21.30 Concerts on Aalborg Lufthavn Stage  
**21:30 - 23:00 Closing concert on Havnescenen (main stage)**  
**23:15 Fireworks display from Limfjord Bridge**

### Saturday July 6th

- 10:00 - 15:00 Event area is open  
 10:00 - 15:00 Children's area with pirate theme  
**13:00 - 15:00 Parade of Sail**

A more detailed programme can be found on [www.tsraalborg.dk](http://www.tsraalborg.dk)





# Liaison System

## Liaison Officers

Aalborg has assigned a liaison officer to each ship. The liaison officers will wear blue t-shirts and credentials. The liaison officer team is available from July 2nd, and your ship will be met by your liaison officer soon after your arrival in Aalborg.

The liaison officers are both men and woman, many with a maritime background, who have volunteered their fulltime service to the ships during the Tall Ships Races in Aalborg.

The liaison officer will be at your service every day and will report on board after the early liaison officers briefing every morning. You can expect to see your liaison officer around 08:30.

Through the liaison officer, we will provide you with important information and keep you up to date on any revised or new material or activities. The liaison officer will also be able to guide you in the matter of activities planned for captains and crews. Your liaison officer will also be happy to assist you with any queries you may have and to help with various arrangements that may be required during your stay in Aalborg.

## LO Operation Centre ①

The liaison officers will be operating from the LO Operation Centre, which is located at TSR 19 headquarters, Rendsburggade 14.

The LO Operation Centre will be fully manned from 08:30 - 20:00 every day.

All liaison officers will be equipped with a mobile telephone to ensure contact between you and the liaison officer, but if for any reason you cannot contact your liaison officer, please contact the LO Operation Centre and the LO staff will then make the necessary arrangements.

From July 1st - July 6th you can contact LO Operation Centre on telephone: + 45 99 82 10 41



# Ship Services

## Port Authority of Aalborg

During the Tall Ships Races, the Port of Aalborg has transferred the authority of the planning, services and logistics related to participating ships to Port Control Aalborg (part of the Liaison Committee).

The Port of Aalborg harbour master still has the overall authority of all activities in the harbour area within the harbour limit.

## Fuel

Upon arrival in Aalborg, the ship is to fill out the fuel requisition form (see appendix) and return it to the liaison officer.

Fuel is at the ship's own expense.

Terms of payment: cash on delivery.

Fuel will be delivered between 07:00 - 11:00.

## Water

Class A ships can request water through the Liaison Officer. The water requisition form (see appendix) is to be returned to the liaison officer the day before the requested delivery.

Trained personnel will handle the supply of water.

Water will be delivered between 07:00 - 11:00

There is one filling free of charge per ship. Additional supply of water will be at the ship's own expense.

For class B, C and D ships water will be supplied from quayside installations as needed and free of charge.

The water requisition form is to be given to the liaison officer after which trained personnel will fill the tank.

## Electricity

Electricity is available free of charge from quayside installations.

Class A ships are, however, encouraged to use their own generators.

The request for the connection to the power supply is made to the liaison officer upon arrival.



## Waste

Waste and garbage bags must be disposed of by means of the big waste containers evenly placed alongside all the quay areas.

Please use them. No waste may be led out into the water!

For other waste products (for instance faecal tanks) contact the liaison officer.

### Waste management/recycling

All waste containers are collected and driven to Aalborg Municipality's disposal facility where it is sorted – plastic and metal to be recycled and all other waste to be burned to produce energy and heating.

### Sewage

Ships that require emptying of sewage tanks and bilge water are to fill in the sludge requisition form (see appendix) and hand it to the liaison officer.

Sewage and bilge water will be collected by a special vehicle and should not be pumped overboard.

Sewage will be collected between 07:00 and 11:00.

Terms of payment: Cash on delivery.

### Sludge

Ships that require collection of sludge are to fill in the sludge requisition form (see appendix) and hand it to the liaison officer.

Sludge will be collected by a special vehicle and should not be pumped overboard.

Sludge will be collected between 07:00 and 11:00.

Terms of payment: Cash on delivery.

## Gas

In Denmark propane can only be provided if the ship has a "Kosan propane system". Existing bottles cannot be refilled, but Danish LPG bottles and connections can be made available.

Propane, Danish LPG bottles and connections are at the ships' own expense.

Please contact your liaison officer if needed.

## Repairs

In case of technical repairs or other logistical requirements on board the ship, please report this to the liaison officer who will then obtain the help required.

The following service and repair facilities are in the harbour:

- Sail maker
- Ship and boat builders
- Ship installations
- Ships handlers
- Ship machine works
- Safety equipment
- Navigation equipment
- Lift service

## Ships' Supplies and Provisions

### Wrist Ship Supply

Contact person:

Markus Winther Buchhave

Mobil: +45 4248 8524

24hr contact: +45 9813 7277

Email: [wrist@wrist.dk](mailto:wrist@wrist.dk)



SHIP SUPPLY

Please contact Wrist Ship Supply well in advance and they will be able to give you an offer.

Pricelists and order sheets are available on [www.tsraalborg.dk/en/captains-page/](http://www.tsraalborg.dk/en/captains-page/)

## Stores

### Grocery Stores

#### Meny - Østre Havn

Østre Havnegade 15, 9000 Aalborg  
Every day: 08:00 - 20:00



#### Rema 1000

Østerbro 29 A, 9000 Aalborg  
Every day: 08:00 - 22:00



#### Rema 1000 – Nørresundby

Vestergade 22, 9400 Aalborg  
Every day: 07:00 - 21:00



#### Føtex Nørresundby

Vestergade 30, 9400 Nørresundby  
Every day: 08:00 - 21:00



#### Føtex Aalborg

Slotsgade 8 - 14, 9000 Aalborg  
Every day: 08:00 - 21:00



#### Netto

Vesterbro 99, 9000 Aalborg  
Every day: 24hr



#### SuperBrugsen Nordhavnen

Havnegade 10, 9400 Nørresundby  
Every day: 08:00 - 21:00



### Shopping Malls

#### Salling Aalborg

Nytorv 8, 9000 Aalborg  
Monday - Friday: 10:00 - 20:00  
Saturday: 09:00 - 18:00  
Sunday: 10:00 - 18:00



#### Magasin

Nytorv 27, 9000 Aalborg  
Monday - Friday: 10:00 - 19:00  
Saturday and Sunday: 10:00 - 18:00



#### Friis

Nytorv 27, 9000 Aalborg  
Monday - Friday: 10:00 - 19:00  
Saturday and Sunday: 10:00 - 18:00



## Ship Agents

#### Blue Water Shipping A/S

Lavavej 15, Postboks: 8223, 9220 Aalborg Øst  
Telephone: +45 79 13 47 50  
Email: aalborg@bws.net  
www.bws.dk

#### Carl Elgaard Shipping

Nordre Havnegade 3, 9400 Nørresundby  
Telephone: +45 86 12 16 44  
Email: ceship@ceship.dk  
www.ceship.dk

#### Nørresundby Shipping A/S

Østre Havnegade 18 st.tv, 9000 Aalborg  
Telephone: + 45 98 77 55 77  
Email: broker@nrbsshipping.dk  
www.nrbsshipping.dk

#### Schultz Shipping A/S

Landdybet 9, Postboks: 8011, 9220 Aalborg Øst  
Telephone: + 45 98 17 41 00  
Email: aalborg@schultzshipping.dk  
www.schultzshipping.dk

#### ShipCargo A/S

Landdybet 10, 9220 Aalborg Øst  
Telephone: +45 70 20 08 90  
Email: shipcargo@shipcargo.dk  
www.shipcargo.dk

#### Shipping DK A/S - Aalborg

Langerak 17, 1. Sal, 9220 Aalborg Øst  
Telephone: + 45 96 32 31 00  
Email: aalborg@sdkgroup.com  
www.sdkgroup.com



## Delivery of Goods and Equipment

For security reasons vehicles are not allowed to drive in the event area during opening hours from 11:00 - 24:00 from July 2nd - July 6th.

This means that if you have a delivery of goods or equipment planned while you are in Aalborg, it should be delivered to the ship between 06:00 - 11:00. Hereafter the event area is closed and only open to pedestrians.

## Coach Collection Point 10

During opening hours from 11:00 - 24:00, coaches dropping off/picking up crews cannot drive directly to the ship. Therefore, we have established we have established two coach collection points from which the crew can reach their ships by foot.

## Communication

You can use the Internet café/crew center if you wish to send emails. 11

### Ships Mail:

Name of the individual  
Name of the ship  
The Tall Ships Races in Aalborg 2019  
Boulevarden 13  
DK-9000 Aalborg  
Denmark





# Crew Services

## First Aid

First aiders will patrol the event area during opening hours, and first aiders will also be equipped with a heart starter. Heart starters are also located on various locations in the berthing area as well as in the five info points placed on both sides of the Limfjord. All info points will be able to provide crews with band aid if needed.

A First Aid tent will be located at Havnehuset. First aiders will be able to treat small injuries on site and evaluate injuries to be referred to hospital treatment. A doctor will be present at certain times.

The First Aid tent is manned as follows:

Tuesday July 1st - Thursday July 4th: 07:00 - 24:00

Friday July 5th: 07:00 - 01:00

Saturday July 6th: 07:00 - 14:00

## Incidents and Emergencies

All emergencies should be reported immediately to the **National Emergency Phone number (Ambulance, Fire and Police): 112**

Afterwards, please contact your liaison officer who will then report the incident to the Port Committee and LO Operation Center.

Should a member of your crew become ill and need medical attention which is not acute or need to see a dentist, please contact your liaison officer or the LO Operation Center, and they will make the necessary arrangements.

Doctor outside working hours: Telephone +45 70 15 03 00

## Pharmacy

### Løve Apotek

Nytorv 3, DK-9000 Aalborg

Telephone: + 45 98 12 03 66

Opening hours:

Monday - Friday: 09:00 - 18:00

Saturday: 09:30 - 15:00

### Budolfi Apotek

Algade 60, DK-9000 Aalborg

Telephone: + 45 12 06 77

Opening hours:

Monday - Sunday: 06:00 - 00:00

### Slotsgade Apotek

(in the grocery store Føtex)

Slotsgade 8 - 14, 9000 Aalborg

Telephone: + 45 70 30 54 64

Opening hours:

Monday - Friday: 09:00 - 19:00

Saturday: 09:00 - 15:00

Sunday: 11:00 - 15:00

### Nørresundby Apotek

Tinghusgade 1, DK-9000 Nørresundby

Telephone: + 45 98 17 19 44

Opening hours:

Monday - Friday: 09:00 - 17:30

Saturday: 08:30 - 13:00

## Crew Centre 11

The Crew Centre is located at Østre Havn near one of the two crew service centers.

The Crew Centre is a large mobile truck fully equipped with 18 computers with internet access and printers – use is free of charge.

Surrounding the Crew Centre is a nice rest area with outdoor furniture and different games.

A supermarket as well as food and drinks stands are located near the Crew Centre area, and here crews can purchase snacks and beverages.

### Opening hours:

July 2nd: 16:00 - 18:00

July 3rd - July 5th: 10:00 - 18:00

July 6th: 10:00 - 12:00

## Laundry Service

The washing of clothes is free of charge and will be handled by a professional laundry service.

Each crew member must gather his/her laundry in a laundry bag and fill out a laundry form before they deliver laundry in one of the two Crew Service Centers as appointed by the liaison officer. Laundry bags and forms will be distributed to crew by the liaison officers.

Please note that the laundry service is only for the washing of clothes, and there is a limit of maximum 6 kilos per person per wash!

### Delivery and pick-up times

Wednesday July 3rd: Delivery at 16:00 at the latest (can be picked up at the appointed Crew Service Centre Thursday July 4th at 13:30)

Thursday July 4th: Delivery at 12:30 at the latest (can be picked up at the appointed Crew Service Centre Friday July 5th at 17:00)

Friday July 5th: Delivery at 16:00 at the latest (can be picked up at the appointed Crew Service Centre Saturday July 6th at 10:00) – reminder that on Saturday July 6th, you must bring your own bag for the dry laundry.

## Crew Service Centre 13

Two Crew Service Centers are located in the berthing area; one on each side of the Limfjord.

The Crew Service Centers have the following facilities:

- Dedicated showers and toilets for crew only
- Laundry Service

### Openings hours:

Wednesday July 3rd - Friday July 5th: 07:00 - 22:00

Saturday July 6th: 07:00 - 13:00

## Transport

### Bus

Crews will be able to use the public city busses free of charge. If you want to use the city buses in Aalborg for free, you can contact the LO Operation Center in the TSR 19 Headquarters and get a bus wristband.

The bus wristband must be presented in the bus to the driver, and it is your ticket.

Please note that the TSR 19 crew wristband does NOT provide access to the busses.

### Shuttle ferries

Ships will be berthed on both sides of the Limfjord (Aalborg quay and Nørresundby quay). You can cross the Limfjord by means of the Limfjord Bridge, but also by means of a shuttle ferry at each end of the berthing area.

Crews can use the shuttle ferries for free by presenting their TSR 19 crew wristband to the shuttle ferry crew. Please note that in case there is a queue when boarding the ferries, crews are expected to wait in line with other passengers waiting to board.





# Captains' Manual sponsors

## Contractor



## Trainee sponsor



## Partner



## For further information:

The Tall Ships Races 2019 Organisation

Project coordinator

Rikke Dahl Jensen

Email: [rdj@aalborg.dk](mailto:rdj@aalborg.dk)



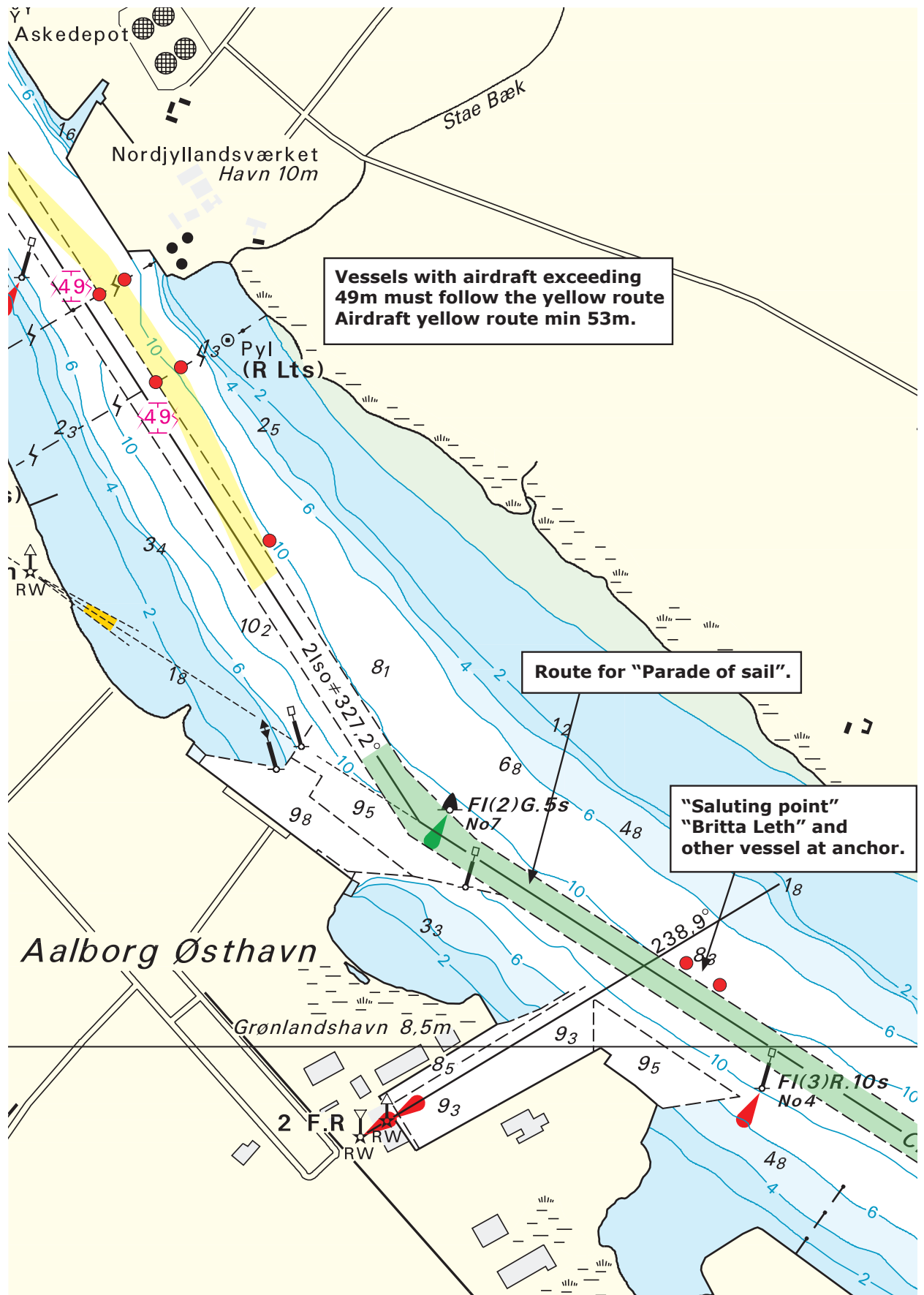
# Captains' Manual

## APPENDIX



**THE TALL SHIPS RACES**  
**Aalborg 2019**  
organised by Sail Training International

# Chart - passage of "Nordjyllandsværket" Route - parade of sail and saluting point



# Berthing Plan

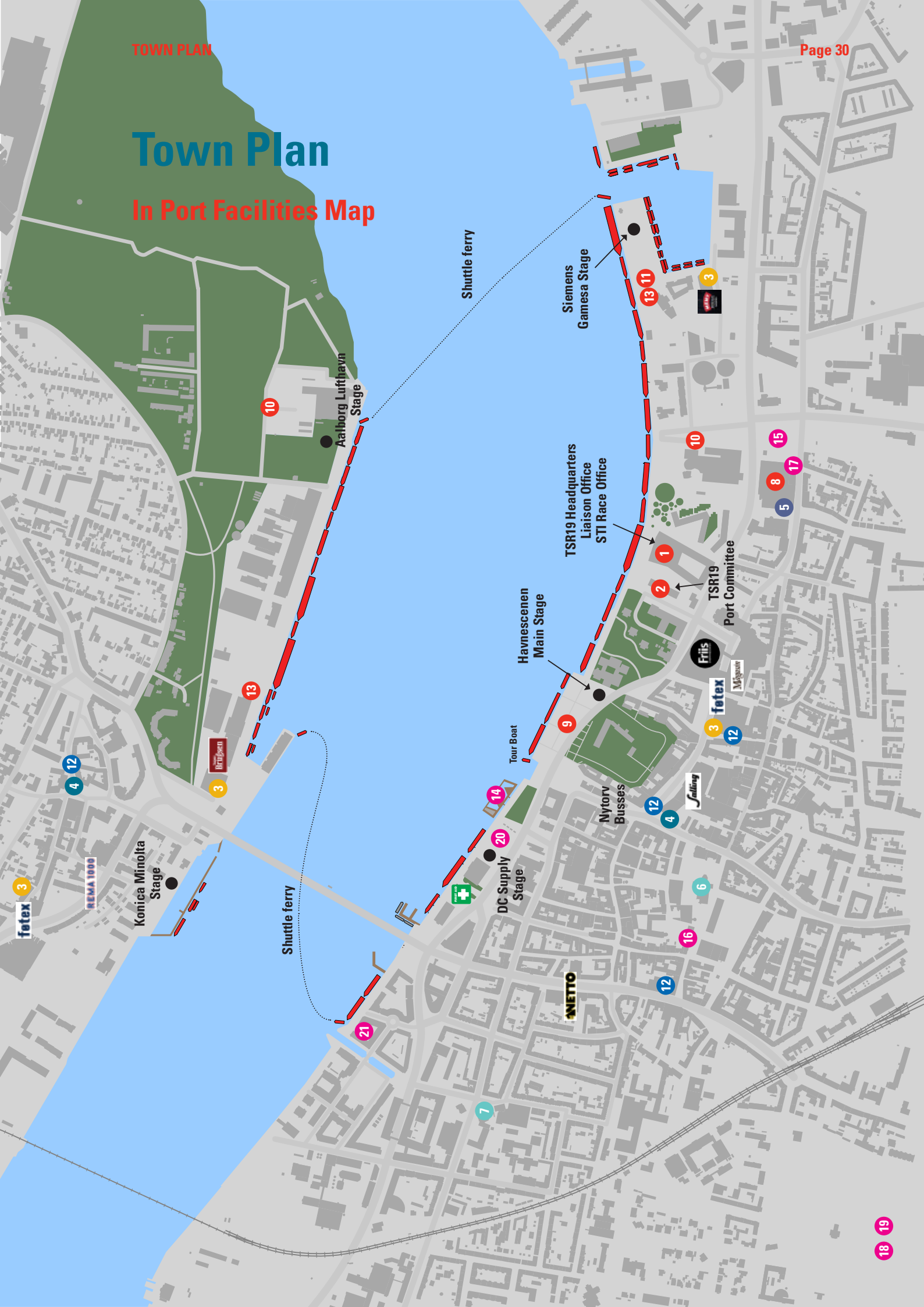


## List of Ships

1. Den Store Bjørn
2. Lord Nelson
3. Bark Europa
4. Cuauhtemoc
5. Christian Radich
6. Sørlandet
7. Gulden Leeuw
8. Brita Leth
9. Alexander Von Humboldt
10. Maja
11. Georg Stage
12. Jens Krogh
13. Statsraad Lehmkuhl
14. Hawila
15. Wylde Swan
16. LOA
17. Oosterschelde
18. Morgenster
19. Skonnerten Jylland
20. Eendracht
21. Roald Amundsen
22. Thalassa
23. Dar Miodziezy
24. Gedania
25. Challenge Wales
26. Thermopylae Clipper
27. Ocean Scout
28. Juan De Langara
29. Dar Szczecina
30. Urania
31. Rona II
32. Silecia
33. Zryw
34. Esprít
35. Spaniel
36. Bies
37. Koalicia
38. St. Barbara
39. Urtica
40. Tara
41. Tuulelind
42. Belfer
43. Akela
44. Farurej
45. Helena
46. Die Zwillinge
47. Westwind
48. Betty
49. Thyra
50. Swanen
51. Belem
52. Johan Smidt
53. Shtandart
54. Atyla
55. Pogoria
56. Astrid Finne
57. Fryderyk Chopin
58. Atene
59. Stabab Oman II
60. Alexa
61. Cisne Branco
62. Ingo
63. Christiania
64. Maybe
65. Aglaia
66. Rupel
67. Jolie Brise
68. Kyrre
69. Klitta
70. Morning Star of Revelation
71. Gratitude
72. Swan

# Town Plan

## In Port Facilities Map



Shuttle ferry

Shuttle ferry

Aalborg Lufthavn Stage

Siemens Gamesa Stage

TSR19 Headquarters Liaison Office STI Race Office

Havnescenen Main Stage

Tour Boat

DC Supply Stage

Konica Minolta Stage

TSR19 Port Committee

Nytorv Busses

fotex

REMA 1000

fotex

fading

ANETTO

friis

Migawo

# Requisition form, Water - Class A Ships

**NAME OF SHIP**

**Date**

**TOTAL NUMBER OF CREW**

**Water is limited to 0.5 m3 per crew member**

**SIGNATURE**



# Requisition form, Fuel

**NAME OF SHIP**

**Date**

**Please state the amount:**

**DIESEL**

**Payment:**

At delivery in DKK

**SIGNATURE**





# Requisition form, Sludge

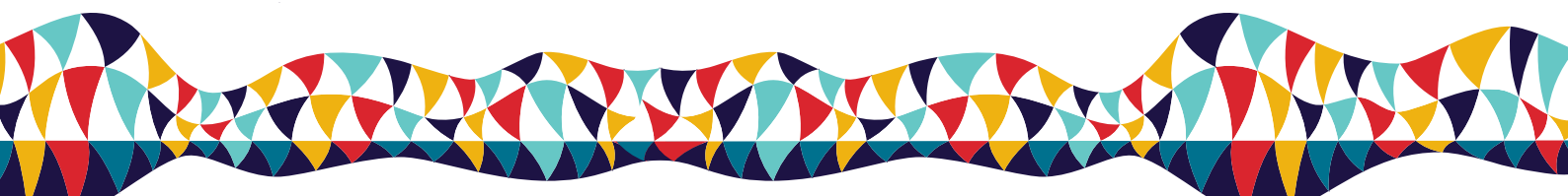
**NAME OF SHIP**

**Date**

**Please state the amount:**

**Payment:**  
At delivery in DKK

**SIGNATURE**



# Requisition form, Sewage

**NAME OF SHIP**

**Date**

**Please state the amount:**

**Payment:**  
At delivery in DKK

**SIGNATURE**



# Crew Activities

## - program and practical information

|                                     | July 2nd    | July 3rd                       | July 4th                       | July 5th      | July 6th    |
|-------------------------------------|-------------|--------------------------------|--------------------------------|---------------|-------------|
| <b>FREE ACCESS</b>                  |             |                                |                                |               |             |
| Vestre Fjordpark                    | 10:00-19:00 | 10:00-19:00                    | 10:00-19:00                    | 10:00-19:00   | 10:00-19:00 |
| Harbour Bath – Havnebadet           | 10:00-19:00 | 10:00-19:00                    | 10:00-19:00                    | 10:00-19:00   | 10:00-19:00 |
| Morning Run                         |             | 09:00                          | 09:00                          | 09:00         |             |
| <b>ACCESS - CREW WRISTBAND</b>      |             |                                |                                |               |             |
| Aalborg Tårnet                      | 10:00-17:00 | 10:00-17:00                    | 10:00-17:00                    | 10:00-17:00   | 10:00-17:00 |
| Springeren – Maritime Center        | 10:00-20:00 | 10:00-20:00                    | 10:00-20:00                    | 10:00-20:00   | 10:00-20:00 |
| Aalborg Defense and Garrison Museum | 10:00-17:00 | 10:00-17:00                    | 10:00-17:00                    | 10:00-17:00   | 10:00-17:00 |
| Aalborg Historical Museum           | 10:00-17:00 | 10:00-17:00                    | 10:00-17:00                    | 10:00-17:00   | 10:00-17:00 |
| Lindholm Høje Museum                | 10:00-17:00 | 10:00-17:00                    | 10:00-17:00                    | 10:00-17:00   | 10:00-17:00 |
| Indoor pool - Nørresundby           | 06:00-17:00 | 06:00-17:00                    | 06:00-17:00                    | 06:00-17:00   |             |
| Indoor pool - Haraldslund           | 06:30-17:00 | 06:30-17:00                    | 06:30-17:00                    | 06:30-17:00   | 08:00-15:30 |
| DGI Climbing / trampoline           |             |                                | 09:00-15:00                    | 10:00-16:00   |             |
| Cable Car                           |             | 10:00-16:00                    | 10:00-14:00                    | 10:00-16:00   |             |
| Aalborg Zoo                         | 10:00-19:00 | 10:00-19:00                    | 10:00-19:00                    | 10:00-19:00   | 10:00-19:00 |
| <b>REGISTRATION LO</b>              |             |                                |                                |               |             |
| Stand Up Paddle boarding            |             | **10:00, 11:00<br>12:00, 13:00 | **10:00, 11:00<br>12:00, 13:00 |               |             |
| TSR Basket Championship 2019        |             |                                | 10:00-14:30                    |               |             |
| Tug on water Competition            |             |                                |                                | 10:00-15:30   |             |
| Football tournament                 |             |                                |                                | 12:00-17:00   |             |
| Tree Top Walking                    |             | *9:00 & 9:30                   | *9:00 & 9:30                   | *9:00 og 9:30 |             |

\* The activity begins

\*\* Limited capacity – waiting time can be expected



| FREE ACCESS   | TIME AND PLACE  |   |
|---|---|---|
| <p><b>Vestre Fjordpark</b></p> <p>An open-air swimming area with the opportunity for a variety of activities. For example, swimming, diving boards, ball games, water game, parkour and much more. There are also playgrounds, cafés, barbecue areas and the beautiful nature by the Limfjord.</p> <p>At Vestre Fjordpark you will be able to play beach volley. Volleyballs can be borrowed from the lifeguard station.</p> <p>(<a href="https://www.aalborg.dk/oplevelser/natur-og-parker/friluftsbade-havne-strande-og-badevandsflag/vestre-fjordpark">https://www.aalborg.dk/oplevelser/natur-og-parker/friluftsbade-havne-strande-og-badevandsflag/vestre-fjordpark</a>)</p> | <p><b>Opening hours:</b><br/> <b>Tuesday - Saturday from 10:00 - 19:00</b><br/>           Skydebanevej 14, 9000 Aalborg<br/>           Take bus no. 2 from Nytorv<br/>           Public bus transport is free with the bus wristband available from your LO or LO Operation Centre.</p> | <p><b>Free access</b></p>   |
| <p><b>Harbour Bath - Havnebadet 14</b></p> <p>Jump into the harbour bath and take a refreshing dip or enjoy the scenic waterfront from the many sundecks.</p> <p>(<a href="https://www.aalborg.dk/oplevelser/natur-og-parker/friluftsbade-havne-strande-og-badevandsflag">https://www.aalborg.dk/oplevelser/natur-og-parker/friluftsbade-havne-strande-og-badevandsflag</a>)</p>  | <p><b>Opening hours:</b><br/> <b>Tuesday - Saturday from 10:00 - 19:00</b><br/>           Located at the waterfront:<br/>           Slotspladsen 1, 9000 Aalborg</p>  | <p><b>Free access</b></p>   |
| <p><b>Morning Run – Start DGI Nordkraft 15</b></p> <p>The DGI morning run is an offer where professional running coaches will take you on a tour of Aalborg.</p> <p>The morning run is for everyone no matter how far or how fast you can run.</p>  | <p><b>Start 09:00</b><br/> <b>Wednesday, Thursday and Friday.</b><br/>           Nordkraft, Teglgaaards Plads 1,<br/>           9000 Aalborg</p>  | <p><b>Free access</b><br/>           No registration necessary – just turn up at the meeting point.</p> |



| ACCESS - CREW WRISTBAND   | TIME AND PLACE  |   |
|---|---|---|
| <p><b>Aalborg Tårnet</b></p> <p>The tower is one of Aalborg's landmarks. You can get a spectacular view of the city from Aalborg's highest points at 105 meters.</p> <p><a href="http://www.aalborgtaarnet.dk">www.aalborgtaarnet.dk</a></p>  | <p><b>Opening hours:</b><br/> <b>Tuesday - Saturday from 10:00 - 17:00</b><br/>           Søndre Skovvej 12, 9000 Aalborg<br/>           Take bus no. 1, 11 or 14 from Nytorv.<br/>           Public bus transport is free with the bus wristband available from your LO or LO Operation Centre.</p>  | <p><b>Free admission</b><br/>           with Crew Wristband</p> |
| <p><b>Springeren – Maritime Experience Center</b></p> <p>The center offers a wealth of maritime experiences. The exhibitions give an insight into life at sea, and new technology creates fun and educational experiences. You can also experience a U-boat from the inside.</p> <p><a href="https://springeren-maritimt.dk/">https://springeren-maritimt.dk/</a></p>   | <p><b>Opening hours:</b><br/> <b>Tuesday and Saturday 10:00 - 20:00</b><br/> <b>Wednesday - Friday from 10:00 - 24:00</b><br/>           Vestre Fjordvej 81, 9000 Aalborg<br/>           Take bus no. bus 2 from Nytorv<br/>           Public bus transport is free with the bus wristband available from your LO or LO Operation Centre.</p> | <p><b>Free admission</b><br/>           with Crew Wristband</p> |
| <p><b>Aalborg Defense and Garrison Museum</b></p> <p>Here you will find the Danish Total Defense history in one place. In a large hangar from WW2 you can get close to handguns, fighter planes, police motorcycles and other equipment that has been part of the Danish Total Defense in war and peace.</p> <p><a href="https://www2.forsvaret.dk/viden-om/forsvarsmuseer/nordjylland/Pages/AalborgForsvars-ogGarnisonsmuseum.aspx">https://www2.forsvaret.dk/viden-om/forsvarsmuseer/nordjylland/Pages/AalborgForsvars-ogGarnisonsmuseum.aspx</a></p>   | <p><b>Opening hours:</b><br/> <b>Tuesday - Saturday from 10:00 - 17:00</b><br/>           Skydebanevej 22, 9000 Aalborg<br/>           Take bus no. bus 2 from Nytorv<br/>           Public bus transport is free with the bus wristband available from your LO or LO Operation Centre.</p>   | <p><b>Free admission</b><br/>           with Crew Wristband</p> |
| <p><b>Aalborg Historical Museum</b> <span style="background-color: #e91e63; color: white; border-radius: 50%; padding: 2px 5px;">16</span></p> <p>At the Aalborg Historical Museum, you can experience the whole city's history – from around year 900, when the city originated in connection with a trading place at what was then Østerå to the industrial city located in the same place more than 1000 years later.</p> <p>The Museum has exhibited archaeological finds alongside historical object from the city's fascinating history. In addition, you can also experience history through time when you visit Aalborgstuen and see an Aalborg grocery store from the year 1602 and the old schoolhouse from the 1930s.</p> <p><a href="https://nordmus.dk/u/aalborg-historiske-museum/">https://nordmus.dk/u/aalborg-historiske-museum/</a></p> | <p><b>Opening hours:</b><br/> <b>Tuesday - Saturday from 10:00 - 17:00</b><br/>           Algade 48, 9000 Aalborg</p>   | <p><b>Free admission</b><br/>           with Crew Wristband</p> |



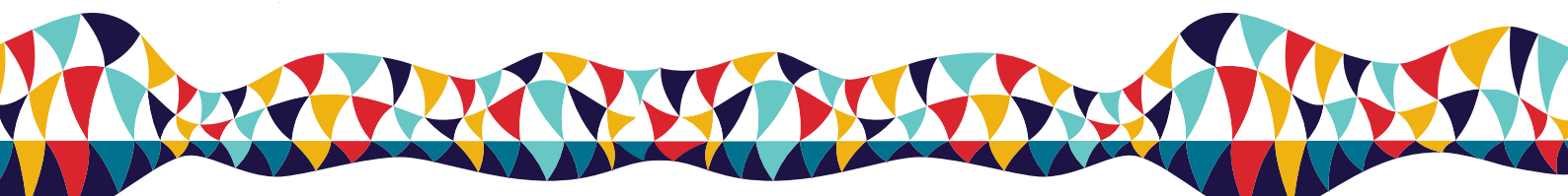
| ACCESS - CREW WRISTBAND  | TIME AND PLACE   |   |
|--|--|---|
| <p><b>Lindholm Høje Museet</b><br/>Scandinavia's largest Viking burial ground at Lindholm Høje is one of Denmark's most beautiful monuments from the late Iron Age and Viking Age. Several hundred stones circles indicate the tombs. In the museum, you can experience an exhibition on the Vikings who lived at Lindholm Høje and another exhibition on ancient times in the Limfjord area. Both the museum shop and café focus on the Viking theme.<br/>(<a href="https://nordmus.dk/u/lindholm-hoeje-museet/">https://nordmus.dk/u/lindholm-hoeje-museet/</a>)</p> | <p><b>Opening hours:</b><br/><b>Tuesday - Saturday</b><br/><b>from 10:00 - 17:00</b><br/>Vendilavej 11, 9400 Nørresundby<br/>Take bus no. 13 from Nytorv<br/>Public bus transport is free with the bus wristband available from your LO or LO Operation Centre.</p>  | <p><b>Free admission</b><br/>with Crew Wristband</p>  |
| <p><b>Indoor pool – Nørresundby</b><br/>The indoor pool in Nørresundby has a 50-meter swimming pool with 8 lanes including diving boards of 1 and 3 meters.<br/><a href="http://nsbic.dk/svoemmeland.html">http://nsbic.dk/svoemmeland.html</a></p>  | <p><b>Opening hours: Tuesday - Friday</b><br/><b>from 06:00 - 17:00</b><br/>Lerumbakken 11, 9400 Nørresundby. Take bus no. 1 from Nytorv<br/>Public bus transport is free with the bus wristband available from your LO or LO Operation Centre.</p>  | <p><b>Free admission</b><br/>with Crew Wristband</p>  |
| <p><b>Indoor pool - Haraldslund</b><br/>The indoor swimming facilities in Haraldslund has three pools. The largest is a 25-meter swimming pool with diving boards of 1 and 3 meters.<br/><a href="http://www.haraldslund.com">http://www.haraldslund.com</a></p>   | <p><b>Opening hours: Tuesday - Friday</b><br/><b>from 06:30 - 17:00</b><br/><b>and Saturday from 08:00 - 15.30</b><br/>Take bus no. bus 2 from Nytorv<br/>Public bus transport is free with the bus wristband available from your LO or LO Operation Centre.</p>   | <p><b>Free admission</b><br/>with Crew Wristband</p>  |
| <p><b>DGI Climbing / Trampoline</b> <span style="background-color: #e91e63; color: white; border-radius: 50%; padding: 2px 5px;">17</span><br/>Come and try Denmark's highest and most challenging climbing wall at 20 meters. Here you can also enjoy a sports hall filled with trampolines and air tracks. Please bring indoor shoes or clean shoes. <a href="https://dgihusetnordkraft.dk/">https://dgihusetnordkraft.dk/</a></p>   | <p><b>Thursday: 09:00 - 15:00</b><br/><b>Friday: 10:00 - 16:00</b><br/>DGI-Huset, Nordkraft<br/>Teglgaards Plads 1, 9000 Aalborg<br/>In walking distance of the berthing area</p>  | <p><b>Free admission</b><br/>with Crew Wristband<br/>No registration<br/>Waiting time can be expected<br/>Capacity: 50 per hour</p> |
| <p><b>Cable Car ride</b><br/>Nørresundby Leisure Center has the longest cable car ride in North Denmark. It is 220 meter long and drops 26 meters.<br/><a href="http://nsbic.dk/idraetscenter/svaevebane.html">http://nsbic.dk/idraetscenter/svaevebane.html</a></p>   | <p><b>Opening hours:</b><br/><b>Wednesday: 10:00 -16:00</b><br/><b>Thursday: 10:00 -14:00</b><br/><b>Friday: 10:00 -16:00</b><br/>Lerumbakken 11, 9400 Nørresundby<br/>Take bus no. bus 1 from Nytorv<br/>Public bus transport is free with the bus wristband available from your LO or LO Operation Centre.</p> | <p><b>Free admission</b><br/>with Crew Wristband<br/>No registration<br/>Waiting time can be expected<br/>Capacity: 15 per hour</p> |



| ACCESS - CREW WRISTBAND   | TIME AND PLACE  |  |
|---|---|--|
| <p><b>Aalborg ZOO 18</b></p> <p>Aalborg ZOO invites you to experience some of the world's most exciting animal species. You can visit polar bears in their beautiful surroundings, see the tigers, lions and other exciting animals from around the world.</p> <p><a href="http://www.aalborgzoo.dk">www.aalborgzoo.dk</a></p>  | <p><b>Opening hours: Tuesday - Saturday from 10:00 - 19:00</b></p> <p>Mølleparkvej 63, 9000 Aalborg</p> <p>Take bus no. 11 from Nytorv</p> <p>Public bus transport is free with the bus wristband available from your LO or LO Operation Centre.</p>  | <p><b>Free admission</b></p> <p>with Crew Wristband</p>  |
| PARTICIPATION REQUIRES REGISTRATION   | TIME AND PLACE  |  |
| <p><b>Tree Top Climbing 19</b></p> <p>Look forward to lots of fun trying out the wild and challenging climbing paths between the tree tops. The climbing track is a long line of steel wires stretched between the tree tops with activities and obstacles between each tree top. The activities consist of ladders, stumps, ropes, nets, balance beams, slides and much more.</p> <p><a href="https://www.klatreparken.dk/">https://www.klatreparken.dk/</a></p> | <p><b>Open:</b></p> <p><b>Wednesday, Thursday and Friday</b></p> <p>Start: 09:00 (10 places)</p> <p>Start: 09:30 (50 places)</p> <p>Faunavej 7, 9000 Aalborg</p> <p>Take bus no. 11 from Nytorv</p> <p>Public bus transport is free with the bus wristband available from your LO or LO Operation Centre.</p> | <p><b>Free admission</b></p> <p>with Crew Wristband</p> <p>Participation requires that you register with your liaison officer</p>  |
| <p><b>Stand Up Paddling</b></p> <p>Duration: one hour</p> <p>Do you like water – and would you like to try Stand-Up Paddling, then you have the opportunity at Vestre Fjordpark.</p> <p>After an instruction on land, we will go into the water. You just have to bring your bathing suit and a towel, and we will supply the boards.</p>   | <p><b>Opening hours:</b></p> <p><b>Wednesday and Thursday at 10:00, 11:00, 12:00 and 13:00</b></p> <p>Vestre Fjordpark, Skydebanevej 14, 9000 Aalborg</p> <p>Take bud no. 2 from Nytorv</p> <p>Public bus transport is free with the bus wristband available from your LO or LO Operation Centre.</p>         | <p>Participation requires that you register with your liaison officer</p> <p>Capacity: 16 per hour</p>   |
| <p><b>TSR Basketball Championship 2019 (Teams off 3+1) 20</b></p> <p>The tournament takes place at the street basket courts on the harbour front close to the ships. Professional referees from Aalborg's basketball clubs will referee the tournament and there will be prizes for the best teams.</p> <p>International street basket rules apply – first team to reach 15 points or score after 15 minutes.</p>   | <p><b>Thursday July 4th from 10:00 - 14:30</b></p> <p>Jomfru Ane Parken, Slotspladsen 1, 9000 Aalborg</p>   | <p>Participation requires that you register your team with your liaison officer.</p> <p>Capacity: 16 teams consisting of 4 persons (3 on the court and 1 substitute)</p> |



| PARTICIPATION REQUIRES REGISTRATION  | TIME AND PLACE  |  |
|--|---|--|
| <p><b>“Tug on Water” competition <span style="background-color: #e91e63; color: white; border-radius: 50%; padding: 2px 6px;">21</span></b><br/> <b>– (teams off 11 persons)</b><br/> <b>Preliminary rounds and finale Friday July 5th</b><br/> <b>kl. 10:00 - 15:30</b></p> <p>A fun tug of war tournament in dragon boats – which boat is the strongest?</p> <p>A challenge for the crew on all ships. Register a team with 10 rowers and 1 drummer and compete against other crews. Please note that there is a limitation of 16 teams off 11 persons for the tournament.</p> <p>The dragon boats and mates are ready, you just have to bring the muscle and the wining spirit.</p> <p>Place: Obels Kanal, Østre Kanalgade between the two bridges on the Aalborg side of the Limfjord.</p> | <p><b>Friday July 5th from 10:00 - 15:30</b><br/> All teams meet at kl. 10:00.<br/> Obels Kanal, 9000 Aalborg</p>   | <p>Participation requires that you register your team with your liaison officer.</p> <p>Capacity: 16 teams of 11 persons.<br/> Only one team per ship!</p> |
| <p><b>Football tournament (Teams off 7)</b></p> <p>Football for teams of 7 and max. 3 substitutes.<br/> Each match is 2*10 minutes and all teams will be guaranteed at least 3 matches.<br/> The winner of the tournament is found by knock-out matches between the group winners.</p>   | <p><b>Friday July 5th from 12:00 - 17:00</b><br/> Aalborg Freja, 9000 Aalborg</p> <p>Take bud no. 2 from Nytorv<br/> Public bus transport is free with the bus wristband available from your LO or LO Operation Centre.</p> | <p>Participation requires that you register your team with your liaison officer.</p> <p>Capacity: 10 teams.<br/> Only one team per ship!</p>               |



# Crew Parade Line up

## Thursday July 4th

Kl. 15:40 Line up

Kl. 16:00 Start

## Line up - Nørresundby

|               |  |
|---------------|--|
| <b>Zone A</b> | <b>Søværnets Tamburkorps</b><br>Alexa<br>Atene<br>Cisne Branco<br>Shabab Oman II   |
| <b>Zone B</b> | Aglaia<br>Christiania<br>Gratitude<br>Klitta<br>Ingo<br>Jolie Brise<br>Kyrre<br>Maybe<br>Morning Star of Revelation<br>Rupel<br>Skonnerten Jylland |
| <b>Zone C</b> | Astrid Finne<br>Atyla<br>Fryderyk Chopin<br>Johann Smidt<br>Pogoria<br>Shtandart   |

## Line up - Aalborg

|               |   |
|---------------|---|
| <b>Zone D</b> | <b>FDK Tamburkorps</b><br>Cuauhtemoc                              |
| <b>Zone E</b> | Bark Europa<br>Christian Radich<br>Den Store Bjørn<br>Lord Nelson |
| <b>Zone F</b> | George Stage<br>Gulden Leeuw<br>Sørlandet                         |

|               |   |
|---------------|---|
| <b>Zone G</b> | Alexander Von Humboldt II<br>Jens Krogh<br>LOA<br>Oosterschelde   |
| <b>Zone H</b> | <b>Aalborg Pipe Band</b><br>Hawila<br>Statsraad Lehmkuhl<br>Wylde Swan  |
| <b>Zone I</b> | Eendracht<br>Morgenster<br>Roald Amundsen<br>Swan<br>Thalassa   |
| <b>Zone J</b> | Akela<br>Belem<br>Belfer<br>Betty<br>Dar Mlodziezy<br>Die Zwillinge<br>Farurej<br>Helena<br>Westwind af Göteborg  |
| <b>Zone K</b> | Bies<br>Challenge Wales<br>Dar Szczecina<br>Esprit<br>Gedania<br>Juan De Langara<br>Koalicje<br>Ocean Scout<br>Rona II<br>Silesia<br>Spaniel<br>St. Barbara V<br>Tara<br>Thermopylae Clipper<br>Tuulelind<br>Urania<br>Urtica<br>Zryw |

